



Northwest ENT Surgery Center, LLC

Surgery Information Packet

Thank you for choosing our facility for your procedure. We are committed to providing superior service to meet your individual needs with a primary goal of ensuring your safety and comfort.

Our nursing staff will contact you prior to your surgery date to review your health history, provide pre-operative instructions and answer any questions you have. Please have the following information available:

1. Allergies and the reaction to those allergies (i.e. medications, food, environment, latex).
2. All medications with dosage and frequency.
3. Any previous surgeries with type of anesthesia if known and any complications.
4. Family history of heart disease, cancer, diabetes or other pertinent health history.
5. Primary care physician phone number and date last seen.

Pre-Surgery Instructions:

1. If for some reason you decide not to have your surgery as scheduled, please notify your surgeon.
2. If you develop a fever, rash, cold symptoms or any other ailment with-in 24-48 hours of your scheduled surgery, contact your surgeon immediately.
3. Do not eat or drink anything after midnight prior to your surgery unless otherwise instructed by your pre-assessment nurse. This includes water, hard candy, mints, gum or coffee. Your cooperation is extremely important to reduce the risk of complications during your surgery.
4. If your child is having surgery, a child being any minor age 17 or younger except an emancipated minor declared by the court, You or a legal guardian must sign all consent forms.

Day of Surgery:

1. Please arrive promptly for your scheduled surgery at the time given by the pre-assessment nurse. Late arrival may result in a delay or cancellation of your surgery.
2. Please bring a current driver's license or photo ID and your health insurance card.
3. You will be required to have a responsible adult with you to remain at the center during your procedure and drive you home. It is illegal to drive after sedation.
4. If you wear dentures or a partial plate, soft or hard contacts or any prosthesis, you will be asked to remove them.
5. Brush your teeth but do not swallow the water.
6. Medications taken the morning of surgery should be taken with only a sip of water.
7. If you wear contacts please do not wear them to surgery and bring glasses instead.
8. Leave your valuables at home (i.e. rings, watches, jewelry, wallet).
9. Do not wear makeup (especially eye makeup), body piercings or hairpins.
10. Wear loose, comfortable clothing easy to take off and put on, button up shirts are better especially for sinus surgery.